

Lenten Newsletter

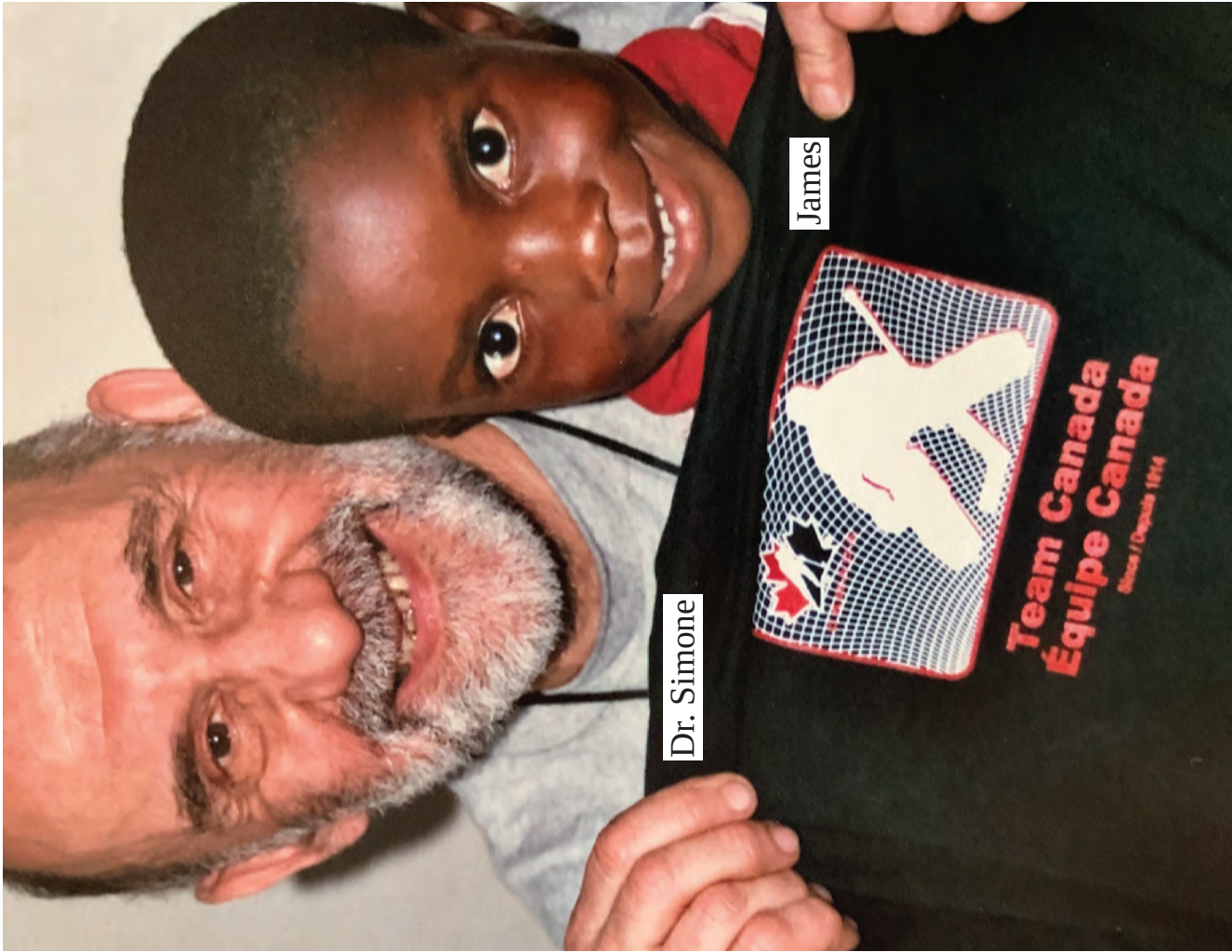
CFFC Holy Week Mass: Wednesday, April 13th, 2022 at 11:00 am

HOW LONG CAN YOU KEEP CANNED FOOD? DOES IT LAST FOREVER?

The Answer: Yes, says W.M. William, an emeritus professor with the department of mining and metallurgical engineering at McGill University in Montreal.

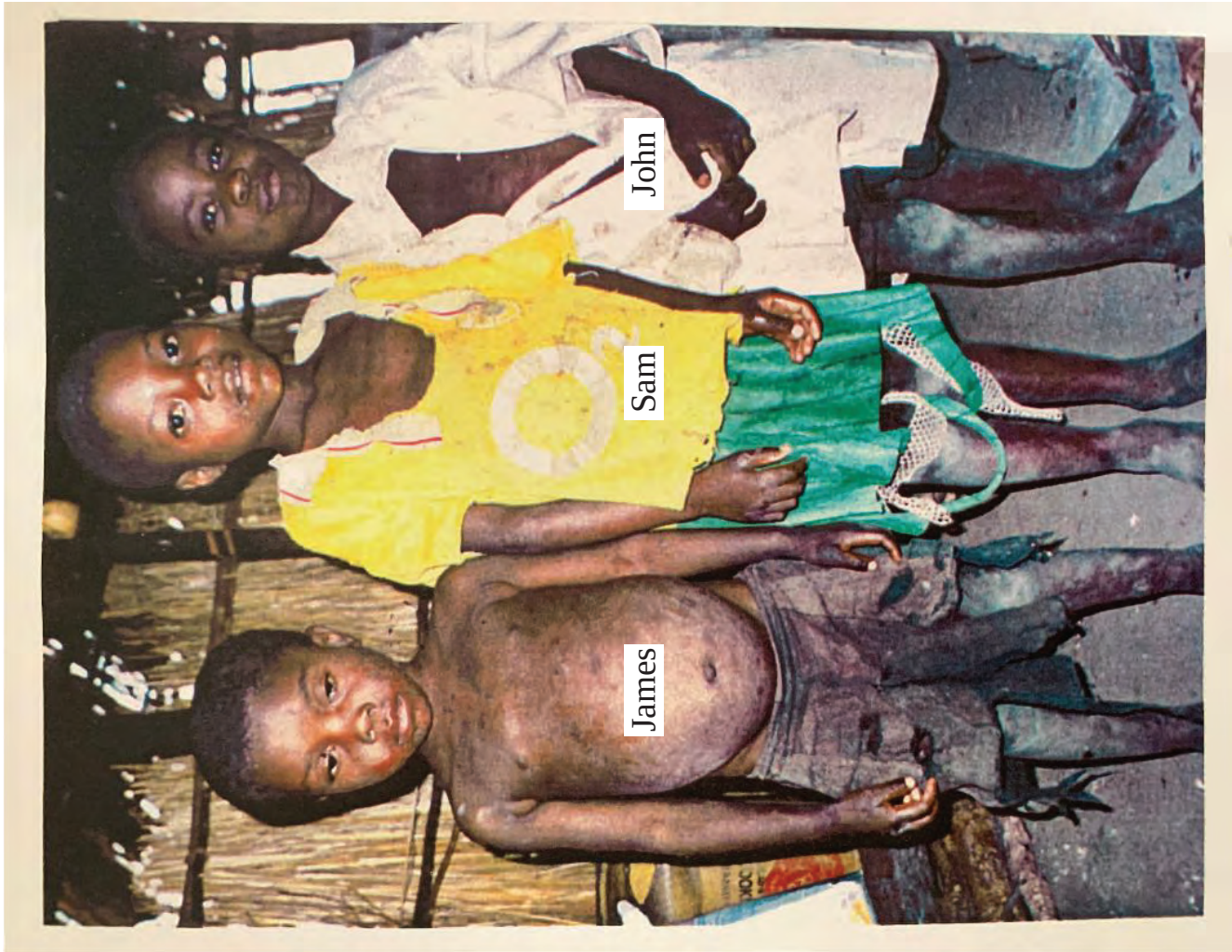
“For example, some cans packed in 1824 for William Parry’s voyage in search of the Northwest Passage were brought back unused. One of these cans, containing veal, was opened in 1938 after having been sealed for 114 years. The food was in good condition. Another can, containing beef, was opened in 1958.

“Some of Captain Robert Scott’s cans from his 1911 expedition to Antarctica were found in 1956 and opened the following year. Capt. Scott’s son, naturalist Peter Scott, thoroughly enjoyed the contents – sheep’s tongues, jam, milk and baked beans.



Dr. Simone

James



James

Sam

John

HIS NAME IS SAM

James, John and Sam were 3 orphan brothers who were starving. With gifts from CFFC their health improved.

On my next trip to Africa, I asked Sr. Anastasia to bring the youngest brother, James to the main city. Before leaving for Canada I chose food, clothes and story books. The morning of our proposed meeting at the Franciscan Sisters convent. I packed 4 back packs to give to the 4 families I would see that day. The second family was supposed to be James and his grandma. Grandma explained that James lived with his father and she had brought the older brother, Sam!! I was very disappointed, but unpacked the backpack and gave the gifts to SAM. The last item was a story book entitled "HIS NAME IS SAM". Jesus, Son of the LIVING GOD, have mercy on me, a sinner.

When this work started in 1981, Joan and I used all our money to send two, 20 ft containers to Mother Teresa's Sisters in Tanzania and Ethiopia.

The Sister from Tanzania wrote, the containers arrived safely but the people were still starving, please send more food. I got into a "pity party" I cried out to God "My wife is pregnant with our 11th child, Margaret; we have no more money and I am trying to care for my medical patients, I want to give up and quit. But Joseph Mullin, my precious secretary said "Andrew ask God for a sign that he wants you to continue". I said "Ok if someone calls and offers help before 5pm today, I will accept this as a sign from God. I got immersed in being a Doctor and at exactly 4:45 pm, Weston Bakeries called and said "we have 170 cases of Christmas cakes for you to send to the poor" Jesus, Son of the LIVING God, have mercy on me a sinner.

Eva-Marie, our daughter, Gloria our Assistant Executive Director, Brian, our Chaplain and I are embarking on a trip to El Salvador and Peru. With the present COVID situation, we are not sure when we will return. For this reason we are sending out our Lenten Letter early. Please encourage your families and friends to buy beans, 100 pounds cost \$25.00 which provides 500 nutritious meals for the poor.

We dedicate this letter to Ian Hunter and his wife,

Sincerely in Christ Jesus,

Andrew A. Simone MD.

From the Warehouse #21

The warehouse is jam-packed right now, full of food. Thanks be to God! A long-time supporter of CFFC, Suzanne Hope, passed along this letter from her friend, Fr. John Henault, director of the leprosy clinic in Gonaives, Haiti. I share it with you with the intention of reminding myself (and us) to be grateful for what we have, to recognize the struggles of those in the developing world (which go beyond lack of food), and to pray for those who face enormous obstacles to live happy lives.

Here it has been a very difficult year because of insecurity, kidnappings, killings and GANGS controlling ALL the main roads in Haiti. Very difficult to get to Port au Prince from where i am and impossible to get to the Southern part of Haiti, especially Les Cayes where my mail arrives on Agape Flights from Venice, FL. I have mail and 18 packages that have been in a depot for 6 MONTHS because NO vehicle can make it to Port, and then Cayes unless you want to risk your life and have everything stolen including your car. You also have a good chance of being beaten up or kidnapped.

It makes over 2 years now that I have not been able to get back to the States to visit family and pick up supplies. We also had NO fuel for almost 4 months because gangs control the fuel terminal. For the Holidays they permitted the tankers to supply fuel to the stations so we have fuel right now but it is double the price. Many stores have empty shelves because truck drivers don't want to risk their lives to the gangs nor lose their truck and all the merchandise they are transporting.

However, I still try to get to my leper clinic regularly. Sometimes I have to use back roads to avoid roadblocks.



Also still finding new cases. But finding it difficult to get the chemicals I need from Port for the machines I have in the lab.

As for Covid-19 and all the variants including Omicron, we know they are rampant but ministry of Health not saying a thing about it. Some Sisters have died from it as well as a couple of priests but nothing said. No one wears masks and no social distancing and no testing except at the airport so you can leave Haiti. Because of insecurity Delta and Jet Blue have reduced their flights to 1 a day.

So this is how we EXIT the year 2021, and the outlook is very gloomy and depressive for 2022. However I know all prayers have an AMEN. It is just that this prayer is VERY LONG.

At CFFC we add our prayers for all of those who suffer and who struggle for justice.

Sal Badali

Photo: Sr. Theresa, Malawi

What a blessing to know that our containers have arrived.

Secular Franciscan

Mary Mother of the Poor Secular Franciscan meetings are held on the third Monday of each month at 1 o'clock in the front meeting room of Canadian Food for Children warehouse. We hope to resume our in person meetings on Monday, April 18, 2022. We welcome all inquirers and visitors to join us for a time of prayer and companionship as we follow

**Jesus in the spirit of St. Francis of Assisi. "Come and see." John 1:39. Peace and joy,
Helen McGuire, ofs hmcguire@rogers.com and Patricia Rogan, ofs progan@rogers.com**

Newsletter now available online!

If you would like to receive the newsletter online, visit: <http://www.canadianfoodforchildren.net>

To register for the E-newsletter. Otherwise we will be happy to continue mailing the newsletter to you.

Please contact: Loretta Antonacci books appointments for students and other groups to come to the warehouse at cffc.studentgroups@hotmail.com/ Talks in Chatham, Windsor and London- call John and Sandra Van Raay @ 519.352.6659 / Talks in Toronto Area or across Canada- call the main office @ 905.274.9239

Canadian Food for Children Warehouse: 1258 Lakeshore Rd E Mississauga, ON, L5E 3D8 (West of Dixie Rd.)
Tel: 905.274.9239. Hours of Operation: Monday to Friday 8a.m - 12 noon