



**Lenten Holy Mass will be celebrated on
Wednesday April 12th, 2023 10:30 AM**

**Canadian Food for Children
La Nourriture du Canada pour les Enfants**

1258 Lakeshore Rd E. Mississauga, On. Canada L5E 1E9

Tel: 905.274.9239, 905.990.9019. Fax: 905.271.6490

Email: cffc.aasimone@yahoo.ca

Lenten Letter 2023

Agape is unconditional love for all people

Father Flavian was celebrating a funeral mass for one of the elderly members of the Agape community. He noticed that there were many elderly people crying at the funeral. Father Flavian thought that the man who died must have had many close friends.

When Father Flavian asked why they were crying they replied, "We are crying because now we know we are going to have a funeral when we die".

Father Flavian took these elderly people off the street. They had no home. They have no money.

Before these elderly people would sadly die on the street with no funeral.

This is precious work for us to support at Agape and in many other countries.

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. . . . Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

— Matthew 25:35-36, 40

As we enter to the Lenten season, let us reflect on how we can provide for others and treat each person with love and dignity.

God bless,

Eva-Marie



Santiago Quijada in his Knob Hills Farms hat



Peruvian elders grateful for the donated soap



Manuel Castillo appreciates the hot meal



Angles and her new friends



Dr. Simone singing 'Old Man River' to an attentive crowd



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Shipment Weights by Country Summary for:

2022

	# of Shipments	Weight (kgs)	(Metric Tonnes) [=kgs/1000]	(Pounds) [=kgs * 2.205]	(Tons) [=Pounds / 2000]
Angola	45	752,896	753	1,660,136	830
DOMINICA	1	14,533	15	32,045	16
EL SALVADOR	91	1,444,874	1,445	3,185,947	1,593
Ghana	1	19,641	20	43,308	22
Guatemala	1	15,356	15	33,860	17
HAITI	4	66,123	66	145,801	73
HONDURAS	10	143,860	144	317,211	159
Jamaica	15	226,337	226	499,073	250
Liberia	4	68,692	69	151,466	76
Malawi	10	184,846	185	407,585	204
Peru	43	681,344	681	1,502,364	751
Sierra Leone	45	774,981	775	1,708,833	854
Zambia	4	69,426	69	153,084	77
<u>Total</u>	274	4,462,909	4,463	9,840,714	4,920

From the Warehouse #27

All is well at the warehouse. Through a generous donation, we are getting the broken and leaking windows replaced. Maybe that will keep a few of the birds out! And an electrician recently had a look at some of our electrical needs at no charge – how kind!

It seems that we have some new donors lately. In the past month, we received a very large donation of high-end chocolates. Of course, it's important that we sample the items that we ship, so one of my jobs is "candy tester". Yes, it's a tough job, but someone's got to do it. I willingly take one (or two or three!) for the team. Another company gave us loads of Advent calendars with the little chocolates just before Christmas. Other recent donated items of interest are skids of barbecue sauce, potato chips, microwave popcorn, industrial-sized packages of ketchup and tiny packages of mustard, hand wipes, pickled egg plant, giant tote boxes of soap, and 1,000 kilo bags of peanuts (ask to see them if you are dropping something off at the warehouse). And in December, we also received loads of gift boxes full of small, practical gifts from several schools and a family-group (you know who you are – we are grateful!).

I was invited to attend a screening of a new full-length documentary on Mother Teresa in January (Mother Teresa: No Greater Love), with some members of the Simone family (Dr. Simone was in El Salvador at the time!). It is a beautiful, powerful film - if you get a chance to see it, I highly recommend it. It reminded me of how central Mother Teresa was in inspiring Andrew and Joan to start Canadian Food For Children. A copy of her letter written to Andrew and Joan in 1981 is in the classroom at the warehouse, in which she asks them to send food from Canada.

Hurray for our octogenarians! Liz, who recently celebrated a birthday, Lou and John, all in their mid-eighties, are regular volunteers at the warehouse. Dr. Simone too! May God's blessings be upon them. They are such an inspiration to all of us as they go about serving the Lord and those in need. I'm sure that many of you have similar role-models in your circles.

Our Kitchener, Chatham-Kent and Penticton partners continue to supply us with much-appreciated donations. My favourite is the dried soup mix, courtesy of gleaner groups. Google "gleaners" sometime.

May Lent be a season of ***returning to the Lord with one's whole heart*** for each of us.

Sal Badali

Secular Franciscan

Mary Mother of the Poor Secular Franciscan meetings are held on the third Monday of each month at 1 o'clock in the front meeting room of Canadian Food for Children warehouse. We welcome all inquirers and visitors to join us for a time of prayer and companionship as we follow Jesus in the spirit of St. Francis of Assisi. "Come and see." John 1:39. Peace and joy,
Helen McGuire, ofs helencatherinemcguire10@gmail.com and Patricia Rogan, ofs progan@rogers.com

Newsletter now available online!

If you would like to receive the newsletter online, visit: <http://www.canadianfoodforchildren.net>

To register for the E-newsletter. Otherwise, we will be happy to continue mailing the newsletter to you.

Contact Information:

CFFC Warehouse hours of operation Monday to Friday 8 am – 12 pm. (drop offs).

Address: 1258 Lakeshore Rd E. Mississauga, ON L5E 1E9

To book a visit for groups and students email us at: cffc_studentgroups@hotmail.com

Talks in Ontario or across Canada – Call the office @ 905-274-9239.